

Poppyseed Chicken

This is a recipe from a senior saint who is a friend of our own Debbie Quant (but she shall remain undisclosed here).

2-4 pounds of cooked chicken breasts (I use the bag of skinless, boneless breasts.)

Cook the chicken breasts then cube the chicken. Set aside.

Mix together in a bowl two cups sour cream (the regular container of sour cream) with two cans cream of chicken soup; then add the chicken cubes.

Crush 55 Ritz crackers, then mix with one teaspoon poppy seed and one stick of melted butter (not margarine—for best results).

Put half of this mixture on the bottom of a 9 x 13 pan.

Pour chicken soup mixture over this cracker crumb mixture.

Sprinkle the last half of the cracker crumb mixture over the top.

Bake uncovered at 350 degrees for 1 hour.

The best thing about this is that you can prepare it ahead of time and then just bake it when you need it! Less mess to clean up in the last moments before company arrives. We like to serve this with rice and our favorite raspberry pretzel salad.

Check out our next newsletter for the Raspberry Pretzel Salad!



Cool Water Ministries' January Calendar



Monday, January 5
Self-check Day

Friday, January 9

White Cross 10 AM - 12 PM

Sunday, January 18

Movie Night at Jo's House!

Emma; be at Jo's at 6:00 PM;
bring a sweet or savory appetizer.

Sunday, January 25

Movie Night at Church!

Come see *Fireproof* at 5:00 PM.
We dare you!

Looking ahead:

My Name is Daniel

This is an extraordinary musical
which is wonderfully staged!

**Please plan to join the group
of ladies from Redeemer
when we're in the audience
on Sunday, February 1, 2009
at 4:00 PM at Edina Colonial
Church. This will be followed
by an early dinner at Snuffy's in
Edina. \$5.00 is all you need for
the musical and the meal!**

**This is a "must-see" production
that will stay with you in your
heart!**

Inspire Uplift Renew

January 2009

Happy New Year! I can't believe 2009 is already here. Do you have New Year's resolutions you are making like so many of us? I enjoyed the challenge from John Hutton this past Sunday on being a person of noble character. So many of us make resolutions on losing weight, eating better, saving money, etc., things that have to do with our external being.

What about making resolutions about changing and growing the inside of us and shaping our character to be more like Christ? I challenge you on your resolutions not to give up! But I also encourage you to make sure you pray about them, ask God what He wants you to work on and ask Him for help! 2 Peter 1:3 really makes one promise clear to you and me, "By His divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know Him, the One who called us to Himself by means of His marvelous glory and excellence." Isn't that promise of God encouraging and helpful? He doesn't expect us to do it on our own, in fact we get everything we need for living a godly life from Him! Don't try and do it on your own; you might do it for a while but it won't last.

I pray you enjoy the New Year and all the challenges and blessings it brings; but most of all remember to turn to God and spend time with Him in prayer and His Word daily! That's where our strength comes from.

Sheri

What's To Come?

By Helen Martin

There is something wonderful that comes with a new year. When that ball drops in Times Square each year, it's the ultimate (earthly) fresh start.



In the face of all the bad news we are hearing, though man is fallen and the world imperfect, there is a stronger and deeper Truth at work in and around us.

We know the current economy has challenges, but we belong to One who owns the cattle on a thousand hills. We know there is not peace over the earth, but the Prince Peace reigns in our hearts. So really, 2009 is as full of promise as it is of uncertainty.

Help Wanted

Inspire Uplift Renew Staff Opening

Are you a great listener who loves the Lord, enjoys conversation, and likes getting to know other women better? If yes, then maybe you are just the lady we're looking for!

For most of the issues of *Inspire Uplift Renew*, the lovely

and talented Sheri Pope has taken an "interview-ee" out for coffee and lots of fun questions.

Well, Sheri is about to become a little busier than she has been in, oh, about six or seven years, creating the need to pass this delightful job on to someone new! (Never fear; she'll continue writing the monthly devotional.)

This new opportunity requires about one to two hours per interview/issue; and the cost of the coffee is on us!



Please ask Sheri for more details if this sounds like fun to you!

Inside...

- ♦ Getting to Know You: Debbie Quant
- ♦ Give Me Your Eyes
- ♦ Jane's World
- ♦ Poppyseed Chicken recipe

Getting to Know You: Debbie Quant!

- 1. Tell us about your family:** I have been married to Fred Quant for 28 years, and we have 4 children. Our oldest, John (25), lives in Georgia with his wife Holly and our first grandchild Joelle Hope. Jacob (23) graduated from the U of M with a degree in Electrical Engineering last year. Josiah (19) is going to Century College. He runs the Christian Club there, is involved with Bible study at school, and is helping with the youth here at Redeemer. And our youngest, Jenna (17), who is also going to Century College and is helping with children's ministry here at Redeemer!
- 2. How long have you been attending Redeemer?** Since May 2007 and we came from Grace Church of Roseville.
- 3. Why did you choose to worship with us at Redeemer?** This is the church my husband grew up in and we wanted to be here with family.
- 4. When were you born and where?** On Christmas day, December 25, 1955 in Minneapolis!
- 5. Testimony:** When I was a child (nine years old) I was watching Billy Graham and I realized my need for salvation. I also was very active in Pioneer Girls and summer camp and that's where I realized the need for morning devotions with God each day.
- 6. What are the ministries on your heart that you are involved in?** Bible Quizzing, Children's Ministry, Choir Ministry, and Prayer.
- 7. What is one of your God-given talents?** Enthusiasm!
- 8. What is a Christmas tradition that you and your family share?** On Christmas Eve we go to my parent's house, sing Christmas carols, and set up the manger. On Christmas day (my birthday) we have family over, open presents, have birthday brunch, and play games (which I love to do)!
- 9. Do you have someone you look up to or who inspires you?** My great Christian parents, and mother-in-law Elaine Surface, and my husband. A preacher who inspires me would be James McDonald, and as for Christian books, there is Andrew Murray and Charles Spurgeon. I think it's so important to feed my mind all the time with the Word of God so I can be ready to encourage someone else.
- 10. Favorite things:**
Verses- Hebrews 4:12, John 15:5 and Romans 4:20-21
Color- Red
Hymn- *May the Mind of Christ my Savior*
Food- Chinese; Pork Fried Rice
- 11. What is one thing nobody knows about you?** I am really a shy person!
- 12. Share one of your pet peeves:** I really have none!

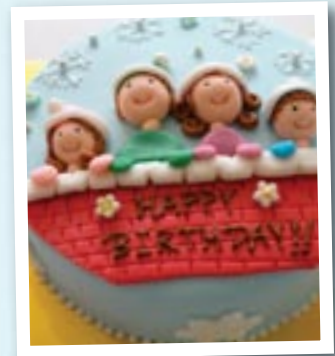


Spiritual Pluck

By Oswald Chambers

There are certain things we must not pray about – moods for instance. Moods never go by praying, moods go by kicking. A mood nearly always has its roots in the physical condition not in the moral. It is a continual effort not to listen to moods which arise from the physical condition, never to submit to them for a second. We have to take ourselves by the scruff of the neck and shake ourselves, and we will find that we can do what we said we could not. The curse with most of us is that we won't. The Christian life is one of incarnate spiritual pluck. {...} Much of our distress comes not because of sin but because we are ignorant of our own nature.

January Birthdays & Anniversaries



- 1 Jean Johnson
- 5 Margaret & Clarence Peterson
- 6 Krysia Weidell
- 12 Laurie & Sean Arco
- 19 Ashley Olsen
- 25 Karen Paul

Give Me Your Eyes

By Cindy Schwerdtfeger

How are your eyes? I found out that my over-forty eyes haven't gotten much worse since my previous eye exam. I still have to wear contacts for distance and then reader glasses to see things up close. But right now, I am talking about "spiritual" eyes. How do you look at the world? Do you look through a filter, picking out only the good things you want to see or do you have compassion for all the broken-hearted people on the streets?

I heard a song on the radio that I had heard before; but this time I listened in a whole new light. The song was "Give Me Your Eyes" by Brandon Heath. The song is about a man who is at the airport surrounded by all types of people. He looks around and sees that he has not really been looking at people the way Christ would see them. Here is the chorus:



*Give me your eyes for just one second
Give me your eyes so I can see
Everything that I keep missing
Give me your love for humanity
Give me your arms for the broken hearted
The ones that are far beyond my reach
Give me your heart for the ones forgotten
Give me your eyes so I can see*

All these years, I have been walking around (off in Cindy-land!) and ignoring those around me who are broken-hearted, forgotten, and thrown away by the world. I need to have the eyes of Christ and see what I have been missing. Those same spiritual eyes of compassion that Christ had when he looked on the lost and saw them as sheep without a shepherd (Mark 6:34).

Get your "eyes" checked and take a good *look* around you and see the people who you are passing by. Pray for them, reach out to them and do something for them like giving a "cup of cool water" by serving dinner at a homeless shelter, make mittens for the less fortunate, bagging food for Feed My Starving Children, or donating money to a charity that reaches out to the broken-hearted like Chain of Love, or International Justice Mission.

I hope that you will pray along with me, "Give me your eyes", and reach out to those around you.

Jane's World

By Helen Martin

Several years ago I read my first Jane Austen book. I simply fell in love with the world she described in her fiction and within a matter of months, I had devoured every book she had written in her all-too-short life. (Austen died at age 27.)

In *Emma*, the main character's intention is to beautifully fulfill her duties as lady of the manor. She is not perfect, and sometimes her efforts lack wisdom, but she does attempt to embrace her responsibilities. All who live in her sphere are in some way under her care. The more modest in income and social standing are hers to entertain and be an example to; the poor, hers to provide for. When the dowry-less Miss Smith becomes her extra-special project her good intentions are not quite enough to make things work out as she plans!



If you want to know more, you'll have to read the book. Or, you can join us when we get together at Jo Lerud's house on Sunday, January 18, at 6:00 PM to watch the delightful movie version of *Emma*.

Youth activities will be extended that evening (5:45 to 8:30 PM) so we will have some extra time to visit before and after the movie.